



Council  
on Aging

for Henderson County

# Senior Services Directory 2016 / 2017 Henderson County





Senior Services  
Directory for  
Henderson  
County  
2016 - 2017 Edition



**Council  
on Aging**

for Henderson County



As we age, life and circumstance can present unfamiliar opportunities and challenges. We hope this new edition of the **Senior Services Directory for Henderson County** will provide information about our community that will help make this journey easier and more fulfilling.

We very much appreciate the support of our community as we strive to fulfill our mission to provide and coordinate services to keep older adults living independently.

We would also like to acknowledge the many agencies and programs in this directory that share this goal and work closely with us in our endeavors.

We have made every effort to include a comprehensive listing of services that might be of particular interest to older adults and their families. These listings do not imply our recommendation nor does exclusion imply negatively.

We would like to thank the **Land of Sky Regional Council** for their generosity in sponsoring this publication.

For more information about opportunities to sponsor our next update, or to notify us of any changes, additions or deletions to the contents of this directory, please contact the Council on Aging at **(828) 692-4203**.

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# Description of Programs And Services



## **AARP**

**Phone:** (828) 696-9181 or (828) 693-0936

1 North Charles Lane, Hendersonville, NC 28792

**Website:** [www.aarp.org](http://www.aarp.org)

**Services:** AARP is a non-profit, non-partisan membership organization for persons age 50 and over. AARP provides a wide range of benefits and services for their members.

### **AARP Foundation Tax-Aide**

**Phone:** (888) 687-2277

**Email:** [taxaide@aarp.org](mailto:taxaide@aarp.org)

**Services:** AARP Foundation Tax-Aide offers free tax preparation to help anyone. If you are 50 and older, and can't afford a tax preparation service, we were made especially for you. Our team of IRS-certified volunteers make retirement, and other life changes to your taxes less complicated and easy for you. No fees or sales pitches for other services, and AARP membership is not required.

## **Aeroflow Healthcare**

**Phone:** (888) 345-1780

1419 Asheville Highway, Hendersonville, NC 28791

**Website:** [aeroflowinc.com](http://aeroflowinc.com)

**E-mail:** [sarah.lopez@aeroflowinc.com](mailto:sarah.lopez@aeroflowinc.com)

**Services:** Medical Equipment

## **Alzheimer's Association - Western Carolina Chapter**

**Phone(s):** (828) 254-7363

(800) 272-3900

**Fax:** (828) 255-0948

31 College Place, Asheville, NC 28801

**Website:** [www.alz.org/northcarolina](http://www.alz.org/northcarolina)

**Services:** Information and Referral, Education, Care Consultation, Support Groups, Safe Return

## **American Red Cross**

### **Mountain Area Chapter Asheville**

**Phone:** (828) 258-3888

**Services:** Provide assistance to disaster victims, including single family disasters as well as disasters affecting the general population; serve as the communications link between the armed forces and local families with members in the service during family emergencies; conduct health and safety education and training courses such as CPR, first aid, lifesaving, swimming and HIV/AIDS information, blood drives throughout the community.

## **Ameri-Quipt of North Carolina, Inc.**

**Phone:** (828) 692-5577

708 Fleming Street, Suite #A, Hendersonville, NC 28792

**Services:** Provides oxygen (Medicare billing), home respiratory equipment, beds, wheelchairs, CPAP supplies and 24-hour emergency service. J.C.A.H.O. Accredited.

## **Arthritis Foundation Carolinas Chapter**

**Phone(s):** (704) 705-1808

(800) 365-3811

**Fax:** (704) 529-0626

**Website:** [www.arthritis.org/northcarolina/](http://www.arthritis.org/northcarolina/)

**Email:** [info.car@arthritis.org](mailto:info.car@arthritis.org)

**Services:** The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

## **Blue Ridge Community Health Services**

**Phone:** (828) 692-4289

**Fax:** (828) 696-2350

2579 Chimney Rock Road, Hendersonville, NC 28792

**Website:** [www.brchs.com](http://www.brchs.com)

### **Behavioral Health**

**Phone:** (828) 692-4289

**Services:** Psychiatric and counseling staff offer care for depression, anxiety, panic disorders, anger, abuse, family violence, parenting concerns, and eating disorders.

### **Blue Ridge Family Medicine**

**Phone:** (828) 692-4289

2579 Chimney Rock Road, Hendersonville, NC 28792

**Services:** The Blue Ridge Family Medicine offers comprehensive family medical care for all ages from infants to seniors, including treatment of acute illness and minor injuries, management of chronic disease, complete physical exams, women's health services, minor office procedures and on-site laboratory.

### **William F. Stokes Dental Center**

**Phone:** (828) 692-4289

2579 Chimney Rock Road, Hendersonville, NC 28792

**Services:** Provides dental care for both adults and children. Offerings include basic preventive services, periodontal care, diagnostic, basic restorative care, pain relief, extractions and emergency dental services.

## **Blue Ridge Literacy Council, Inc.**

**Phone:** (828) 696-3811

**Fax:** (828) 696-3887

180 W. Campus Drive, Room 2020

Blue Ridge Community College, Flat Rock, NC 28731

**Website:** [www.litcouncil.org](http://www.litcouncil.org)

**Services:** The mission of the Blue Ridge Literacy Council is to provide Henderson County adult students the English communication and literacy skills they need to reach their full potential as individuals, parents, workers, and citizens.

## **Blue Ridge Pharmacy**

**Phone:** (828) 348-3000

(828) 298-3636

**Fax:** (828) 298-8190

948 Tunnel Road, Asheville, NC 28805

**Website:** [www.blueridgerx.com](http://www.blueridgerx.com)

**Services:** Blue Ridge Pharmacy is a locally owned and operated pharmacy. We offer free delivery within 45 minutes of Asheville and Hendersonville. Our Med Sync Program offers clients assistance with managing their medications, by allowing us to cycle all of your medications to be filled on one day each month. With our Blue Ridge Access Program, we will work with your doctors to make sure you are taking the right medications at the right times. We will visit you in your home to go over these medications. Our services can be tailored to any patient's needs.

## **BrightStar Healthcare**

**Phone:** (828) 785-4062

**Fax:** (828) 255-1734

1340 F Patton Avenue, Asheville, NC 28806

**Website:** [www.247brightstar.com](http://www.247brightstar.com)

**Services:** Provides personal care needs for seniors on a 24 hours a day, 7 days a week schedule. Assistance is available with personal and oral hygiene, bathing, companionship, errands, meal preparation, light housekeeping, transportation, live-in caregivers and sitting services. Quality staff who are carefully screened, licensed and insured are available.

## **C&C Senior Services, LLC**

**Phone(s):** (828) 273-7406

(828) 400-4541

115 Fairway View Drive, Etowah, NC 28729

**Email:** [curt@ccseniorservices.com](mailto:curt@ccseniorservices.com)

**Website:** [www.ccseniorservices.com](http://www.ccseniorservices.com)

**Services:** Provide financial and administrative support services along with personal assistance to seniors and their families. We assist with bill paying (daily money management), monthly reviews of all banking and investments, review mail and provide correspondence (mail, email and phone), annual estate plan review and settlement services, gather tax information and timely filing systems, medical benefit and insurance reviews, coordination and management of personal in-home services, transition moving assistance, arrange sale of personal and home possessions.

## **CarePartners Adult Day Services**

**Phone:** (828) 697-7070

114 College Drive, Flat Rock, NC 28731

**Website:** [www.carepartners.org](http://www.carepartners.org)

**Services:** CarePartners offers a full continuum of post-acute care. We offer a wide range of services to help the people we serve live full and productive lives, despite illness, injury, disability or issues related to aging. We provide a safe, stimulating daytime environment for those who can no longer be safely left alone. Participants have the opportunity to be with friends and engage in meaningful activities that satisfy body, mind, and spirit. Personal care services are available, as well as education and support for the caregiver.

## **CarePartners Health Services**

**Phone:** (828) 692-3174

**Fax:** (828) 277-4875

95 Francis Road, Hendersonville, NC 28792

**Services:** Private, nonprofit healthcare organization. Provide a wide range of services to help people we serve live full and productive lives, despite illness, injury, disability or issues related to aging; we help people live fully through life's journey.

### **Did You Know...**

That the Council on Aging for Henderson County has nearly 500 active volunteers.

**CarePartners Private Duty Services****Phone:** (828) 277-4777

68 Sweeten Creek Road, Asheville, NC 28803

**Services:** Provide private duty nursing and certified nursing assistant services to clients in their homes or place of residence. RN and LPN routine and high technology nursing care including ventilators, IVs, assessments, lab draws and medication. Can include bathing, transportation, errands and meal preparation.**CarePartners Rehabilitation Hospital****Phone:** (828) 274-6151

68 Sweeten Creek Road, Asheville, NC 28803

**Services:** A licensed 80-bed inpatient rehabilitation hospital that offers traditional and specialized rehabilitation programs to those with physical, cognitive and developmental impairments ranging from spinal cord injury, fractures and strokes to sports, industrial and brain injuries.**CarePartners Orthotics and Prosthetics****Phone:** (828) 254-3392

1 Doctor's Drive, Asheville, NC 28801

**Services:** Providing comprehensive orthotic and prosthetic services on and off site to adults and children including custom orthotics for lower extremities, custom designed prosthetics for all levels of amputation, post-op prosthetics, post- op spinal braces and educational programs.**CarePartners Outpatient Therapy - South Clinic****Phone:** (828) 209-0900

3 Town Square Boulevard, Biltmore Park, NC 28803

**Services:** Physical therapy and aquatic therapy.**CarePartners Home Health****Phone:** (828) 692-3174

95 Francis Road, Hendersonville, NC 28792

**Services:** Provides skilled nursing care and rehabilitation therapy to patients who are unable to leave their homes for treatment. Specialty services include orthopedic, cancer, cardiac and diabetic care, a pediatric program, wound and skin care, psychiatric care and programs for individuals with late-stage illnesses.**CarePartners Hospice and Palliative Care****Phone:** (828) 255-0231

68 Sweeten Creek Road, Asheville, NC 28803

**Services:** Team works together to promote the physical, emotional and spiritual wellbeing of patients living with an advanced terminal illness who are no longer focusing on curative care. Services can be provided in the patient's home (including a nursing home or assisted living facility) as well as at the John F. Keever Solace Center (an inpatient facility located on the CarePartners campus).**CarePartners PACE****Phone:** (828) 213-8442**Fax:** (828) 681-8913

286 Overlook Rd., Asheville, NC 28803

**Website:** [carepartners.org/pace](http://carepartners.org/pace)**Email:** [Laura.baker-seseika@msj.org](mailto:Laura.baker-seseika@msj.org)**Services:** PACE (Program of All-Inclusive Care for the Elderly) is a Medicare/Medicaid program that provides services that help to promote and sustain the independence of seniors. PACE provides coordinated health care including coverage for prescription drugs, doctor and specialist care, rehabilitative therapy, personal care, medical transportation, home care, checkups, hospital visits and nursing home stays when necessary.**Alzheimer's Association's Caregiver Support Groups****Phone:** (828) 213-8442

286 Overlook Rd., Asheville, NC 28803

**Website:** [www.alz.org](http://www.alz.org)**Services:** The support groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia. Meetings are held the 1st Wednesday of the month at 6pm.**Did You Know...**

100% of donations made to the Council on Aging remain in Henderson County.

## **CarePatrol**

**Phone:** (828) 388-7699

**Fax:** (828) 333-5666

1504 Fifth Avenue West, Hendersonville, NC 28739

**Email:** arlener@CarePatrol.com

**Website:** www.CarePatrol.com

**Services:** Locally owned and operated, we are a free community service that helps families find quality and safe Independent Living, Assisted Living, and Memory Care Communities for their loved ones.

## **Carolina Fiduciary Services**

**Phone:** (828) 697-2565

PO Box 931, Hendersonville, NC 28739

**Website:** www.carolinafiduciary.com

**Email:** barbara@carolinafiduciary.com

**Services:** We provide “daily money management” for seniors and those who have lost their ability to keep up with bills, medical expenses, utility invoices, insurance claims, and Medicare benefits. We help seniors get back on track by creating a monthly budget. We also provide support for wards under a Guardianship, assist with housing transition and prepare for other life events.

## **Carolina Village**

**Phone:** (828) 692-6275

**Fax:** (828) 692-7876

600 Carolina Village Road, Hendersonville, NC 28792

**Email:** info@carolinavillage.com

**Website:** www.carolinavillage.com

**Services:** Carolina Village is a not-for-profit full service retirement community for older adults, with a mission to provide housing, continuing life care, up-to-date service, and a pleasant congenial social environment to encourage personal growth and community participation. Residents can enjoy on-site amenities and service with the assurance of quality healthcare in our private room assisted living or skilled nursing facility.

## **Community Action Opportunities**

### **Weatherization**

**Phone:** (828) 252-2495

**Fax:** (828) 253-6319

**Toll Free:** 877-989-2495

**Website:** www.communityactionopportunities.org

**Services:** Weatherization services, including Heating and Air Repair and Replacement, or HARRP, help families and individuals who live on limited incomes to stay warmer in winter, cooler in summer and save money on their utility bills. Both homeowners and renters can apply for services.

**Service area:** Buncombe, Cleveland, Henderson, Madison, McDowell, Polk, Rutherford, and Transylvania Counties.

### **Compassionate Home Care**

**Phone:** (828) 696-0946

**Fax:** (828) 698-0308

735 Sixth Avenue West, Suite B  
Hendersonville, NC 28739

**Website:** www.compassionatehc.com

**Services:** Our mission is to enable our clients to stay safely in their homes with an improved quality of life. We offer help with personal care (bathing, dressing, eating, toileting, hygiene, etc.), light housekeeping, meal preparation and clean-up, shopping, errands, transportation, companionship, administer medications, injections, fill pill boxes and skilled nursing services.

### **Council on Aging for Henderson County**

**Phone(s):** (828) 692-4203

(828) 692-6693 - Meals on Wheels

**Fax:** (828) 697-4357

105 King Creek Boulevard, Hendersonville, NC 28792

**Website:** www.coahc.org

### **Congregate Meals at Sammy Williams Center**

**Phone:** (828) 692-3320

301 North Justice Street, Hendersonville, NC 28792

**Services:** “Lunch at the Sammy,” a daytime meal, is provided to seniors in a social setting at the Sammy Williams Center for Active Living. Participants are offered the opportunity to socialize with peers through health and wellness, recreational and educational activities. Eligible participants may seek travel arrangements to and from the center by contacting Apple Country Transportation.

### **Meals on Wheels**

**Phone(s):** (828) 692-4203  
(828) 692-6693

105 King Creek Boulevard, Hendersonville, NC 28792

**Services:** Meals on Wheels provides a hot and nutritious meal to homebound seniors Monday through Friday. We offer some special and therapeutic diets. All meals are prepared and purchased from Pardee Hospital, and all are delivered by volunteers.

### **Partnership for Independent Living**

**Phone:** (828) 692-4203

105 King Creek Boulevard, Hendersonville, NC 28792

**Services:** The Partnership for Independent Living is a collaboration with the Henderson County Department of Social Services, comprised of professional social workers and support staff. The social workers assist older adults who have complex needs by coordinating community services and making referrals to programs which will allow the individual to live independently for as long as possible.

- \* Information and Assistance
- \* Caregiver Respite Grants
- \* Heat Relief Assistance

### **Thrift Stores**

#### **Hendersonville Thrift Store**

**Phone:** (828) 693-7756

802 Spartanburg Highway, Hendersonville, NC 28792

#### **Etowah Thrift Store**

**Phone:** (828) 891-4442

97 Etowah Shopping Center, Etowah, NC 28729

**Services:** Council on Aging Thrift Shops generate income through the donations of gently used items to offset some of the costs of providing programs to seniors.

**Store Hours:** Tuesday - Friday 10:00am - 4:00pm,  
Saturday 10:00am - 1:00pm

**Donation Hours:** Gently used items are accepted for donation Tuesday - Friday 10:00am - 3:30pm and Saturday 10:00am - 12:30pm

### **Did You Know...**

FISH provides free non-emergency medical transportation for ambulatory Henderson County residents to get them to and from appointments. Call (828) 693-5100

### **DisAbility Partners**

**Phone:** (828) 298-1977

**Fax:** (828) 298-0875

108 New Leicester Highway, Asheville, NC 28806

**Website:** [www.disabilitypartners.org](http://www.disabilitypartners.org)

**Services:** A non-profit, consumer-controlled, community-based organization providing services by and for persons with all types of disabilities with the goal of maintaining their civil rights options, controlling choices in their lives and the freedom to participate fully in their communities.

### **Etowah United Methodist Church**

**Phone:** (828) 891-4360

**Fax:** (828) 891-2511

110 Brickyard Road, Etowah, NC 27829

**Website:** [www.etowahumc.org](http://www.etowahumc.org)

**Agency Type:** Religious / Not for Profit / Volunteer Food Pantry

**Services:** Religious organization

**Office Hours:** Monday - Friday 8:30am - 4:30pm

### **Fishes and Loaves Food Pantry**

**Phone:** (803) 960-3020

Albert Lyons - Pantry information only

**Services:** Food distribution.

### **Fast Med Urgent Care**

**Phone:** (828) 233-1664

**Fax:** (828) 233-1668

825 Spartanburg Hwy, Hendersonville, NC 28792

**Website:** [fastmed.com](http://fastmed.com)

**Services:** Doctor and 3 physician assistants can handle most non-life-threatening injuries or illness. Equipped to perform X-rays, IV therapy, EKG's, venipuncture, and other forms of medication administration.

**Hours:** Monday - Friday 8:00am - 8:00pm

Saturday and Sunday 8:00am - 4:00pm

Holidays 9:00am - 4:00pm

### **FISH**

**Phone:** (828) 693-5100

Call between 8:00am and noon

**Services:** FISH provides free non-emergency medical transportation for ambulatory Henderson County residents to get them to and from medical appointments within Henderson County. Please give 48 hours advance notice for a volunteer to arrange your ride.

## **Fletcher Police Department**

**Phone:** (828) 687-7922

**Fax:** (828) 654-8046

110 Parrish Municipal Drive, Fletcher, NC 28732

**Website:** fletchernc.org

**Services:** Providing law enforcement protection for the people within the city limits of Fletcher.

## **Four Seasons Compassion for Life**

**Phone:** (828) 692-6178

**Fax:** (828) 692-2365

571 South Allen Road, Flat Rock, NC 28731

**Website:** www.fourseasonsfcfl.org

**Services:** Hospice Care, Palliative Care, Clinical Research, Music Therapy and Bereavement Services.

### **Bereavement Services**

Individual Grief Counseling is available for adults, teens and children. Services are free of charge to the families of our hospice patients. Individual grief counseling is also available for family members of palliative care patients or community members for a small, sliding scale fee based on income.

### **Clinical Research**

Participation in cutting edge clinical research allows Four Seasons to offer medication and services otherwise unavailable. Participating community members have experienced remarkable results in improved pain and symptom management. As a result, we remain committed to offering these services to our patients.

### **Hospice Care**

Four Seasons provides Hospice Care in area hospitals, nursing homes, assisted living facilities, private residences and the Elizabeth House. Each patient is cared for by an interdisciplinary team of hospice professionals who will attend to the physical, emotional, and spiritual needs of the individual and their family.

### **Music Therapy**

Patients managing acute and chronic pain, stress and depression may benefit from music therapy. Working with a formally trained music therapist can increase a sense of calm and well-being, aid in relaxation, or motivate movement or activities by redirecting the patient's attention away from pain. Music therapy is selected and used to suit each individual and his psychological, emotional, and spiritual needs.

### **Palliative Care**

Four Seasons provides Palliative Care services at our clinics in Asheville and Hendersonville, area hospitals, nursing homes and assisted living facilities. Palliative Care is available to patients at any stage of illness, and can be provided alongside curative /life-prolonging treatments.

## **Fresh Start Outpatient Behavioral Health - Transylvania Regional Hospital**

**Phone:** (828) 862-6393

**Fax:** (828) 883-5277

260 Hospital Drive, Brevard, NC 28712

**Email:** april.pryor@msj.org

**Website:** www.trhospital.org/support-services

**Services:** This program offers individualized psychiatric evaluation, medication management and group psychotherapy treatment for those 55 years and older with a diagnosable mental health condition. Medicare, and Medicare/Medicaid accepted.

## **Habitat for Humanity**

**Phone:** (828) 694-0340

1111 Keith Street, Hendersonville, NC 28792

**Website:** habitat-hvl.org

**Services:** Housing and home repair program.

## **Henderson County Community Alternative Program (CAP)**

**Phone:** (828) 687-5261

**Fax:** (828) 687-6074

895 Howard Gap Road, Fletcher, NC 28731 (located in Park Ridge Home Health building)

**Services:** This program offers home and community based services to adults who are eligible for Long Term Care Medicaid and are at risk for placement in a skilled nursing facility. Services include: in-home aide, nutritional and incontinence supplies, telephone alert system and home mobility aids.

## **Henderson County Department of Public**

### **Health**

**Phone:** (828) 692-4223

**Fax:** (828) 692-4709

1200 Spartanburg Highway, Suite 100

Hendersonville, NC 28792

**Website:** [www.hendersoncountync.org/health](http://www.hendersoncountync.org/health)

**Services:** Breast and Cervical Cancer Control Program (BCCCP) offers screening services for women 64 years old and younger; HIV and Sexually Transmitted Infections Program offers evaluation, testing and treatment to anyone concerned about possible exposure to HIV or a sexually transmitted disease; TB Prevention Program offers tuberculosis skin tests and evaluation and treatment for TB, immunizations for any age available on a walk-in basis, foreign travel services available by appointment only; communicable disease investigations, including reportable infectious diseases and food-borne outbreaks; health education; health promotion; smoking cessation classes and emergency preparedness.

### **Communicable Disease Control**

**Phone:** (828) 692-4223

**Services:** Along with Public Health Departments across the state, we identify, track and treat sexually transmitted diseases, including HIV. The clinic offers confidential STD testing, treatment and advice to anyone.

### **Health Education**

**Phone:** (828) 692-4223

**Services:** Health Education addresses the health and wellness of Henderson County residents by providing services that educate and inform residents on various health related issues.

### **Health Promotion and Wellness**

**Phone:** (828) 692-4223

**Services:** Health promotion is dedicated to prevention and the belief in educating and encouraging residents to learn more about their own health to maintain healthy and productive lifestyles. Examples include serving on local communities and coalitions that address smoke-free environments, promoting development of walkways and trails, and advocating for healthier food options in schools and the community.

### **Immunizations**

**Phone:** (828) 692-4223

**Services:** The Department of Public Health offers immunizations for children and adults. Travel immunizations are also provided for those wishing to travel out of the United States. Fees may apply with some of the following vaccinations: Influenza (Flu), Pneumonia, TB Skin Test and Hepatitis A and B.

## **Henderson County Department of Social Services**

**Phone:** (828) 697-5500

1200 Spartanburg Highway, Suite 300

Hendersonville, NC 28792

**Website:** [www.hendersoncountync.org/dss](http://www.hendersoncountync.org/dss)

### **Adult Protective Services (APS)**

**Phone(s):** (828) 694-6241

(828) 697-4911 - After Hours Emergency

**Services:** APS receives and evaluates reports of abuse, neglect and exploitation of disabled adults. Referrals are made to appropriate agencies to stop abuse, neglect or exploitation. APS strives to protect the disabled adult while acknowledging the client's right to self-determination.

**To report:** Phone, write or visit Henderson County DSS with information of abuse or neglect. All calls are confidential and anonymous reports are accepted.

**Eligibility:** The victim must be a disabled adult 18 years of age or older who is incapacitated. The adult must be abused, neglected or exploited at the present time and in need of protective services.

### **Crisis Intervention Program**

**Phone:** (828) 697-5500

**Services:** Various programs available throughout the year to assist with heating or cooling crisis situations. Additionally, the Low Income Energy Assistance Program is available annually to supplement households with low income. Applications are made in person; however, a representative may take the application for the homebound.

### **Food Assistance**

**Phone:** (828) 697-5500

**Services:** Emergency and ongoing financial assistance (food stamps) used to purchase food for households in need. Applications can be made by mail, by requesting a form from the Department, at various food banks or in person at the Department. Applications are accepted from representatives acting on behalf of the homebound.

### **Guardianship**

**Phone:** (828) 697-5500

**Services:** The Department of Social Services acts as guardian when appointed by the courts.

### **Henderson County Adult Care, Home / Family Monitoring**

**Phone:** (828) 697-5500

**Services:** Adult Home Specialists (AHS) visit each Adult Care Home and Family Care Home to assure compliance with state rules and regulations. Failure to follow rules and regulations results in citations. Facility complaints reported by the public are investigated and addressed. The AHS are part of the state teams that conduct annual surveys of each home. The results of all visits and surveys are available for public view at the Department of Social Services.

### **In-Home Aide Services**

**Phone:** (828) 697-5500

**Services:** In-Home Aide Services are to assist adults with attaining and maintaining self-sufficiency and improving quality of life. The service is to prevent abuse, neglect or exploitation, avoid premature institutionalization, and keep clients safely in their homes as long as possible. This service is to assist, not replace, family members, in carrying out their responsibilities for those adults in need of care and support.

**Eligibility:** An adult that is unable to carry out instrumental activities of daily living such as shopping, housekeeping, cooking and bill paying. These individuals either have no one to complete these tasks for them, or have caregivers who need relief from these responsibilities, in order for the adult to remain in their home.

### **Medical Assistance, Medicaid**

**Phone:** (828) 697-5500

**Services:** Financial assistance to provide long-term care, CAP services or medical coverage for those living at home. Applications are accepted by mail or in person. Representatives may apply for those that are homebound or are inpatient. Also available, assistance to cover Medicare premiums. Applications may be made in person at the Department of Social Services, Pardee Hospital, Park Ridge Hospital, and the Henderson County Department of Public Health.

**Eligibility:** Citizenship, income, resources, living situation and level of care are verified. Must be 65 years of age or older or disabled to SSI standards.

### **Special Assistance In-Home (SAIH)**

**Phone:** (828) 697-5500

**Services:** The purpose of the SA/IH program is to help eligible adults meet their basic financial needs. The SA/IH payment is an income supplement intended to assist with the provision of daily necessities such as food, shelter, clothing, utilities, transportation, in-home aide services, and other services that enable the adult to live at home safely. Case management is provided in addition to the income supplement.

**Eligibility:** Eligible adults must be at least 18 years old, require a licensed residential level of care in a facility but desire to live in his/her own home or other private living arrangement, be eligible for aged, blind, or disabled categorically needy Medicaid, and satisfy other SA/IH eligibility requirements.

### **Henderson County Parks and Recreation**

**Phone:** (828) 697-4884

708 South Grove Street, Hendersonville, NC 28792

**Office Hours:** Monday - Friday 8:30am - 5:00pm

### **Edneyville Community Center**

**Phone:** (828) 685-3108

15 Ida Rogers Drive, Hendersonville, NC 28792

**Office Hours:** M, W, Thurs., 9:00am-5:00pm

**Website:** [www.hcprd.com](http://www.hcprd.com)

**Services:** Both locations offer a variety of passive and active opportunities and programs for the senior population. Gentle Yoga, Tai Chi, Nia and Ageless Grace classes are offered. Active opportunities scheduled are Zumba, Pickleball, basketball, softball, and various dance classes. From the art side of programming there are quilting, water coloring, piano, guitar, Hula dancing, scrapbooking, book club and adult coloring classes. Please check website for up-to-date information, monthly class schedules, cost and instructors.

### **Did You Know...**

The Healthy Aging Coalition of Henderson County provides an opportunity for community partners and concerned citizens to come together to discuss aging issues in Henderson County.

## **Henderson County Public Library**

**Phone:** (828) 697-4725

**Fax:** (828) 692-8449

301 North Washington Street

Hendersonville, NC 28739

**Website:** [www.henderson.lib.nc.us](http://www.henderson.lib.nc.us)

**Services:** The Mission of the Henderson County Public Library is to provide informational, educational, cultural, and recreational library services to the residents of Henderson County. The library provides service to residents who are unable to visit the library and require home delivery service. The library delivers to residences, assisted living facilities, retirement homes, nursing homes, adult daycare facilities, hospitals, and other agencies. Items available for delivery include books in regular and large print, books on CD, music on CD and movies on DVD.

**Eligibility:** For Homebound Services - To qualify for service you must be a resident of Henderson County and unable to visit the library on your own due to age, extended illness or physical condition.

## **Henderson County Sheriff's Office**

**Phone:** (828) 697-4596

100 N. Grove Street, Hendersonville, NC 28792

**Website:** [www.hendersonsheriff.org](http://www.hendersonsheriff.org)

### **Reassurance Program**

**Services:** Services provided for the elderly, medically ill and those who live alone. Call the above number to sign up. Each person must call 697-4911 by 10am every morning. If a call is not received, communications will try to contact the person. If unsuccessful, a deputy is sent to the home to check on the status of the individual.

**Eligibility:** Available to the elderly, medically ill and those who live alone.

## **Henderson County Veterans Services**

**Phone:** (828) 697-4817

**Fax:** (828) 698-6158

1200 Spartanburg Highway, Suite 200

Hendersonville, NC 28792

**Services:** Provides advice and assistance to US military Veterans and their families in learning about and applying for US Department of Veterans Affairs and North Carolina Division of Veterans Affairs benefits.

## **Hendersonville Housing Authority**

**Phone:** (828) 692-6175

**Fax:** (828) 693-0601

203 North Justice Street, Hendersonville, NC 28739

**Services:** Income-Based housing - federally subsidized

**Email:** [cstewart@hendersonvilleha.org](mailto:cstewart@hendersonvilleha.org)

**Services:** The Hendersonville House Authority has 383 apartments ranging in size from efficiencies to 5 bedrooms. Apartments are located at scattered sties throughout Hendersonville, and in Etowah and Fletcher. Communities are designated family, elderly, and elderly-disabled. They provide low-income housing based on income. Utilities are included in the rent, with a charge for excess usage of utilities. 24-hour maintenance and lawn care are provided.

## **Hendersonville Police Department**

**Phone:** (828) 697-3025

**Fax:** (828) 697-6083

145 5th Avenue East, Hendersonville, NC 28792

**Services:** We provide law enforcement protection for the people within the city limits of Hendersonville.

**Website:** [www.hendersonvillenc.gov/police-department](http://www.hendersonvillenc.gov/police-department)

### **Reassurance Program**

**Phone:** (828) 697-3029

**Services:** This program lets the elderly or handicapped with no family living with them, call us and check in every day. If they do not call in, we call them. If an answer is not received, we send an officer out to the residence and check on them in person. If no answer is received at the door, we will make entry to the house. We can use a key, door code, or go through an open window. This will at the very least get them the medical attention within 24 hours.

## **Hendersonville Rescue Mission**

**Phone:** (828) 697-1354

**Fax:** (828) 697-8114

639 Maple Street, Hendersonville, NC 28792

**Website:** [hendersonvillerescuemission.com](http://hendersonvillerescuemission.com)

**Email:** [minseven@cytechcis.net](mailto:minseven@cytechcis.net)

**Services:** Committed to providing shelter to the homeless, food to the hungry, recovery to the addicted, and medical assistance to the homeless and poor of our community, with the love, and through the power of Christ Jesus. At our present location, 639 Maple Street - men, women, and children who are in need of food and/or shelter are given assistance by the

Mission staff. Meals are offered to all who are hungry and are open to the public. As a resident, an individual is also given a comfortable bed, access to hot showers, and clothing as needed. The Good Samaritan Clinic, The Welcome Center, and The Learning Center are now located at 628 7th Avenue East, under the sign Hendersonville Christian Outreach Ministries. Now those without a home will have a place during the day to shower, make necessary phone calls, and receive counseling and education.

**Office Hours:** Monday - Friday 8:00am - 4:00pm

**Intake Procedure:** At meal times, present at the side gate entrance closest to 7th Avenue at the Hendersonville Rescue Mission

### **Night Shelter / Food**

**Check-In Hours:** 4:00pm - 9:00pm

Counselors meet with guests to determine the length of stay necessary. Options include: 3-day, 21-day, or 6 months. Recovery (men only) is 8-months.

### **Feeding Program**

**Breakfast:** 7:30am Monday - Sunday

**Lunch:** 12:15pm Monday - Saturday 12:45pm Sunday

**Supper:** 6:00pm Monday - Saturday Residents Only  
Sunday

### **Clothing Closet**

**Phone:** (828) 697-1354

Call for hours

**Services:** Provides good-quality clothing that adds dignity and increases employment opportunities. These times are staffed by volunteers who sort through donated items and arrange them and assist people in finding the right style and sizes.

### **Counseling and Teaching**

**Phone:** (828) 697-1354

Call for times

**Services:** Anger Management Classes, Money Management Classes, and Parenting Classes

### **Recovery**

#### **Turning Point**

8-month recovery program - interview required

**Services:** Staff ministers to the needs of those who are in the bondage of addiction by sharing the good news of Christ Jesus. We provide an environment that is conducive for life change by those who seek recovery. Each participant is held accountable to change both behavior and attitude.

### **Good Samaritan Clinic**

628 7th Avenue East

**Hours:** Thursdays 1:30pm - 4:00pm

### **The Learning Center**

628 7th Avenue East

**Phone:** (828) 697-1354

Call for more information

**Services:** Headed by Lynn Pinard of Blue Ridge Community College. Provides access to educational opportunities to help participants gain skills which improve employment prospects.

### **The Welcome Center**

628 7th Avenue East

**Hours:** 8:00am - 11:00am Monday - Friday

**Services:** Provides access to telephones, restrooms, showers, and counseling.

### **The Gospel Warehouse**

628 7th Avenue East

**Services:** Provides a sound stage and accommodates approximately 200 people. The facility can be used for local church and youth events, both indoors and outdoors. Application for use required.

## **Holistic Elder Services Geriatric Care Management**

**Phone:** (484) 489-3118 or (828) 595-9271

**Fax:** (828) 595-9678

20 Tall Pines Road, Hendersonville, NC 28739

**Website:** [www.holisticelderservices.com](http://www.holisticelderservices.com)

**Services:** Independent objective professional provides a variety of services to help, empower and support seniors and their loved ones. Conducts care planning assessments to identify needs, determine eligibility for assistance, and review the need for services. Act as a liaison to families at a distance, making sure things are going well and alerting families to potential problems. Make recommendations and/or offer referrals to other professionals to avoid future problems and to conserve assets.

## **Home Helpers - Direct Link**

**Phones:** (828) 694-0000

**Fax:** (828) 694-0303

311 A. White Street, Hendersonville, NC 28739

**Website:** [www.homehelpershomecare.com](http://www.homehelpershomecare.com)

**Services:** Provides companion care, homemaker services, and respite care. Direct Link Medical Alert system also available.

## **Home Instead Senior Care**

**Phone:** (828) 274-4406

**Fax:** (828) 274-4106

1293 Hendersonville Road, Asheville, NC 28803

**Website:** [www.homeinstead.com/159/](http://www.homeinstead.com/159/)

**Services:** This program offers non-medical assistance to older adults still in the home. Services can include companionship, meal preparation, light housekeeping, personal care, errands, and incidental transportation.

## **Homewatch CareGivers**

**Phone:** (828) 676-1585

**Fax:** (828) 676-1586

1977 Hendersonville Road, Suite 4, Skyland, NC 28803

**Website:** [www.homewatchcaregivers.com](http://www.homewatchcaregivers.com)

**Services:** This agency provides compassionate, holistic in-home care. Services include Companion and Homemaker Care and Personal Care. CNAs are available to assist with complex medical conditions.

## **Housing Assistance Corporation**

**Phone:** (828) 692-4744

**Fax:** (828) 692-3009

602 Kanuga Road, Hendersonville, NC 28739

**Website:** [www.housing-assistance.com](http://www.housing-assistance.com)

**Services:** The Housing Assistance Corporation is committed to providing safe and affordable housing for persons of limited income living in Henderson County and surrounding areas.

## **Home Repair Program**

**Phone:** (828) 692-4744, ext 103

**Fax:** (828) 692-3009

**Services:** This program provides home repairs for low-income residents in Henderson County. The program is administered by the Housing Assistance Corporation in partnership with other service providers.

## **Fall Prevention Program**

**Phone:** (828) 692-4744, ext 103

**Fax:** (828) 692-3009

**Services:** This program educates low-income elderly and disabled people about risks of falling in the home and offers suggestions for how to prevent falling. The program also completes modifications and safety upgrades to home, so that homeowners may remain living independently, safely and with a sense of security in their homes.

## **Interfaith Assistance Ministry**

**Phone:** (828) 697-7029

**Fax:** (828) 697-7015

210 Ehringhaus Street and 3rd Avenue West  
Hendersonville, NC 28793

**Website:** [www.iamhendersoncounty.org](http://www.iamhendersoncounty.org)

**Services:** Interfaith Assistance Ministry (IAM) provides emergency relief to Henderson County residents who are in financial crisis by offering food, clothing, funds, guidance and referrals.

## **IAM Crisis Services**

**Services:** Assistance in a crisis, including food, clothing, help with power, heat, water, rent, medication, school supplies and other basic needs. Referrals to other organizations, if eligible for their programs.

## **Joseph's Outreach Ministries**

**Phone:** (828) 595-9899

701-B Seventh Avenue East, P. O. Box 2844  
Hendersonville, NC 28792

**Hours open:** Sunday 1:00pm - 6:00pm

Monday 9:00am - 3:00pm

Wednesday 12:00pm - 6:00pm

**Services:** Always serving coffee during open hours. Showers - towels/toiletries (ends 30 minutes before closing). Laundry facilities with 2 washers and 2 dryers including soap. One load per day, two loads max per week (last load 90 minutes before closing). Meal is served every Sunday from 4:00pm to 6:00pm. Haircuts - the last Monday of the month from 9:30am-12:00pm. We offer temporary storage of items. Fellowship with new friends.

## **Land of Sky Regional Council's Area**

### **Agency on Aging (AAA)**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Fax:** (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

**Website:** [www.landofsky.org/aaa](http://www.landofsky.org/aaa)

**Services:** Under the Older Americans Act, AAA serve as the leader on aging issues. AAA promotes the highest level of well being of older adults and their families by partnering with organizations to provide a comprehensive system of opportunities, services, and protective support.

### **Long Term Care Ombudsman Program**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** Under the Older Americans Act, AAA's serve as the leader on aging issues, and they work with county based committees to plan services to address the needs of older individuals and their caregivers. Advocates for resident's rights and is responsible for investigating complaints made by, or on behalf of, nursing and adult care home residents. Mediates disputes, promotes elder abuse awareness, educates the public about long term care issues, works with committees who visit residents and works to improve the quality of life for residents in long term care facilities.

### **Long Term Care Housing Directory**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** Under the Older Americans Act, AAAs serve as the leader on aging issues. They work with county based committees to plan services to address the needs of older individuals and their caregivers. The Area Agency on Aging's Long Term Care Ombudsman Program publishes a Long Term Care Directory with information about long term care facilities in Buncombe, Henderson, Madison, and Transylvania Counties. This directory is also available on the AAA's website [www.landofsky.org](http://www.landofsky.org).

### **Project C.A.R.E.**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** Project C.A.R.E. (Caregiver Alternatives to Running on Empty) can assist caregivers of people with dementia by providing a Family Consultant to help resolve care giving issues.

**Service Area:** Swain, Graham, Macon, Jackson, Haywood, Transylvania, Buncombe, Madison, Henderson, Yancey, Mitchell, Avery, McDowell, Rutherford, Polk, Surry, Stokes, and Forsythe counties.

### **Senior Community Service Employment Program**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** Provides temporary part-time subsidized employment and training opportunities to help unemployed persons age 55 and older develop the skills that are needed in today's workplace.

**Service Area:** Buncombe, Henderson, and Transylvania Counties

## **Land of Sky Regional Council's Volunteer**

### **Services**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Fax:** (828) 251-6353

339 New Leicester Hwy., Suite 140, Asheville, NC 28806

**Website:** [www.landofsky.org/volunteer](http://www.landofsky.org/volunteer)

**Services:** Land of Sky Regional Council's Volunteer Department administers two Senior Corp programs; the Foster Grandparent Program and the Senior Companion Program.

### **Foster Grandparent Program**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** The Foster Grandparent Program is a volunteer program for adults age 60 and older who give children much needed attention that can change their lives.

**Service Area:** Buncombe, Henderson, Madison and Transylvania Counties

### **Senior Companion Program**

**Phone(s):** (828) 251-6622  
(800) 727-0557

**Services:** Senior Companions are volunteers who provide companionship and assistance to other older or disabled adults.

**Services Area:** Buncombe, Henderson, Madison, and Transylvania Counties

## **Laurel Park Police Department**

**Phone(s):** (828) 697-4911 - office/non-emergency  
(828) 674-0203 - police cell carried 24/7 non-emergency.

441 White Pine Drive, Laurel Park, NC 28739

**Website:** [www.laurelpark.org](http://www.laurelpark.org)

**Services:** We provide law enforcement protection for the people residing within the town limits of Laurel Park.

## **Lion's Club**

**Phone:** (828) 693-5831 / Dan Yost

**Services:** Eye exams, glasses for low income, qualified clients.

## **Margaret R. Pardee Memorial Hospital**

**Phone:** (828) 696-1000

800 North Justice Street, Hendersonville, NC 28791

**Website:** [www.pardeehospital.org](http://www.pardeehospital.org)

**Services:** Margaret R. Pardee Memorial Hospital is a not-for-profit community hospital founded in 1953. The main hospital is licensed for 222 acute care beds and is the second largest employer in Henderson County. The hospital has several locations separate from the main campus; a health education center in the Blue Ridge Mall, home care services, a rehab and wellness center, a midwifery program, various physician practices and an urgent care facility. For more information, or to find a physician, please call 1-866-790-WELL or visit [www.pardeehospital.org](http://www.pardeehospital.org)  
Hours: 24 Hours a Day, 7 Days a Week

## **Pardee Signature Care Center**

**Phone:** (828) 692-4600

1800 Four Seasons Boulevard (Inside the Blue Ridge Mall), Hendersonville, NC 28792

**Services:** Pardee Signature Care is committed to providing health and wellness education to the community by offering wellness and exercise classes, educational presentations, health screenings and support groups. The mission of Signature Care is to help individuals to feel empowered to make healthier lifestyle choices.

**Hours:** Monday - Thursday, 9:00am-5:00pm and Friday, 9:00am - 12:00pm

**Fees:** Some screenings and fitness classes are low-cost, please call for more specific cost information.

**Service Area:** Henderson County and surrounding areas

## **Pardee Home Health**

**Phone:** (828) 692-1846

**Fax:** (828) 692-5431

2029 Asheville Highway, Hendersonville, NC 28791

**Services:** Pardee Home Health makes it possible to stay at home and continue to get the care you need. We offer a full range of in-home services provided by a highly skilled team of registered nurses, rehabilitation specialists, social workers, and home health aides. Our goal is to bring you quality medical care in the comfort of your own home.

**Office Hours:** Monday - Friday, 8:00am - 5:00pm.

Administrator and Registered Nurse on call when closed.

**Fees:** 100% Medicare and Medicaid reimburses.

CoPays dependent on insurance coverage. All methods of payment accepted.

## **Pardee LifeLine Emergency Response System**

**Phone:** (828) 692-9061

**Services:** Pardee Lifeline is a system that summons help immediately at the touch of a button. The service is ideal for those with high-risk medical conditions, chronic illnesses or individuals with limited mobility.

## **Psychiatric and Addictions Therapeutic Healing Services (PATHS)**

**Phone:** (828) 696-4250

**Services:** PATHS is a dual diagnosis unit specializing in the treatment of psychiatry and detoxification services. Inpatient services are available. Referrals are accepted 24 hours a day, and may be made by primary care providers, emergency departments, and mental health professionals.

## **Pardee Rehab and Wellness Center**

**Phone:** (828) 693-5114

212-B Thompson Street, Hendersonville, NC 28792

**Services:** Pardee Rehab & Wellness Center is open to the general public who want to improve strength, cardiovascular health, weight loss, and stability. Services include daily fitness classes, state-of-the-art equipment, personal consultation and supervision by fitness staff with experience in health education and personal training.

**Hours:** Monday - Friday, 6:00am - 5:30pm, Saturday, 8:00am - 12:00pm

## **Medical Loan Closet of Henderson**

### **County**

**Phone:** (828) 692-9005

1225 7th Ave E, Hendersonville, NC 28792

**Website:** [www.medicalloanclinet.org](http://www.medicalloanclinet.org)

**Services:** The Medical Loan Closet lends all kinds of durable medical equipment to any resident of Henderson County for up to three months for convalescent purposes. We lend everything from simple canes to electric hospital beds and lift chairs. The user of the equipment must be a resident of Henderson County.

**Office Hours:** Tuesday and Friday, 9:30am - 4:30pm, Saturday 9:30am - 12:30pm

**Intake Procedure:** The person signing for the equipment must show a valid driver's license.

## **MemoryCare**

**Phone:** (828) 771-2219

**Fax:** (828) 771-2634

100 Far Horizons Lane, Asheville, NC 28803

**Services:** To provide specialized medical care to older adults with memory loss. To support memory-impaired individuals, their caregivers and families with education, counseling, and improved access to services. We provide community education. Physician referral is required.

**Website:** [www.memorycare.org](http://www.memorycare.org)

## **Memory Caregivers Network - Fletcher Group**

**Phone(s):** (828) 230-4143  
(828) 301-0740

Fletcher Seventh Day Adventist Church

1141 Howard Gap Road, Hendersonville, NC 28792

**Support Group Meets:** First Tuesday, 1:00pm - 3:00pm

## **Mountain Creative Arts Counseling**

**Phone:** (828) 595-3847

307 N. Main Street, Hendersonville, NC 28792

**Website:** [www.mountaincreativearts.com](http://www.mountaincreativearts.com)

**Services:** Art therapy and counseling for seniors

### **Did You Know...**

The Council on Aging for Henderson County serves an average of 200 meals per day through the Meals on Wheels program.

## **Mountain Home Care**

**Phone:** (828) 684-6444

**Fax:** (828) 684-6499

2270 Hendersonville Road, Suite 3, Arden, NC 28704

**Website:** [www.mountainhomecare.com](http://www.mountainhomecare.com)

**Services:** Our mission is to help seniors remain active and independent within the comfort of their own homes. Losing independence is a stressful time on those involved, including family. We relieve that stress by providing personal service with a gentle, caring focus. We are committed to earn the respect and trust of those we serve and will perform our duties with dignity, honor and loyalty.

## **NAMI Four Seasons (National Alliance on Mental Illness)**

**Phone:** (888) 955-6264

P. O. Box 2108, Hendersonville, NC 28793-2108

**Website:** [www.namifourseasons.org](http://www.namifourseasons.org)

**Services:** A non-profit agency to provide support, education and advocacy for individuals and families living with mental illness.

**Office Hours:** Monday - Friday 9:00am - 3:00pm

## **NC Baptist Aging Ministry**

**Phone:** (877) 506-2226

P. O. Box 338, Thomasville, NC 27361

**Website:** [www.ncbam.org](http://www.ncbam.org)

**Services:** Non-profit organization to help older adults, age 65 or older, remain in their homes as long as safely possible by coordinating people in need with local Baptist volunteers. Volunteers can help with light housekeeping, occasional transportation, friendly visits, grab bar installation, light yard work, ramp construction (cost of materials is not covered by NCBAM).

**Office Hours:** Monday - Friday 9:00am - 5:00pm

## **NCWorks Career Center Henderson**

### **County**

**Phone:** (828) 694-1755

Blue Ridge Community College

180 West Campus Drive, Flat Rock, NC 28731

**Services:** NCWorks Career Centers are aimed at job-seekers to get them started on their job search, as well as offer training and skills assessments and development. The Centers also assist businesses with recruiting, screening, referrals and/or virtual recruiter services.

### **Veterans Services**

**Phone:** (828) 694-1755

Blue Ridge Community College

180 West Campus Drive, Flat Rock, NC 28731

**Services:** Assist employers by referring qualified veterans seeking employment.

### **North Carolina Division of Independent Living Services**

**Phone:** (828) 670-3377

**Fax:** (828) 670-3387

8 Barbetta Drive, Asheville, NC 28806

**Services:** The Independent Living Rehabilitation Program helps clients live a more independent life, providing an alternative to living in a nursing home or other facility. Services are person-centered and may be provided directly, purchased or coordinated through other community resources. If this program is unable to meet a person's need, they may be referred to other partners for services as appropriate. Services may include: guidance and counseling; rehabilitation engineering; home and vehicle modifications; independent living skills training; certain equipment purchases; assistance with leisure activities; personal assistance services; registering your service animal.

### **North Carolina Division of Services for the Blind**

**Phone(s):** (828) 694-6247

**Fax:** (828) 698-4455

1200 Spartanburg Highway, Suite 300  
Hendersonville, NC 28792

**Services:** To help people adjust to loss of vision and function as independently as possible.

### **Did You Know...**

The Council on Aging provides private pay case management services through the Partnership for Independent Living. Call (828) 692-4203 for pricing and sliding scale information.

### **North Carolina Division of Services for the Deaf and the Hard of Hearing - Asheville Regional Chapter**

**Phone:** (828) 665-8733

(800) 681-7998

**Video Phone:** (828) 333-5830

**Fax:** (828) 670-5054

12 Barbetta Drive, Asheville, NC 28806

**Website:** [www.ncdhhs.gov/dsdhh](http://www.ncdhhs.gov/dsdhh)

**Services:** Provides information and referral for citizens and families experiencing hearing loss. We have a program to provide a free hearing aid, and amplification, text or captioning telephone and other assistive technology for those who qualify. Can provide consultation regarding the ADA, sign language interpreting, interpreting services, and advocacy for services to allow full communication access to services in the region. Staff are available to provide in-service training opportunities to service providers.

Office Hours: Monday - Friday 8:00am - 5:00pm

### **OnTrack Financial Education and Counseling (Consumer Credit Counseling Service of WNC)**

**Phone(s):** (828) 255-5166

(800) 737-5485

**Fax:** (828) 255-5129

50 South French Broad Avenue, Suite 227  
Asheville, NC 28801

**Services:** OnTrack Financial Education and Counseling is Western North Carolina's trusted nonprofit source, helping people better manage their money and credit since 1975, through individual financial counseling appointments, education programs and debt repayment plans.

### **Budget Counseling**

**Phone:** (828) 255-5166

**Services:** OnTrack provides one-on-one confidential budgeting advice. Together, you and an OnTrack counselor will review your income, spending habits, expenses, debts and assets to help you create a plan to meet your personal financial goals.

**Intake Procedures:** Call to schedule an appointment  
Service Area: Western North Carolina

### **Reverse Mortgage Counseling**

**Phone:** (828) 255-5166

**Services:** OnTrack provides one-to-one confidential reverse mortgage counseling. Your counselor will provide an unbiased explanation of the different aspects of a reverse mortgage, review loan estimates and evaluate the pros and cons of a reverse mortgage for your particular financial situation.

**Eligibility:** Homeowners, age 62 and older

**Intake Procedure:** Call to schedule an appointment

**Service Area:** Western North Carolina

### **Manage Your Money Education Program**

**Phone:** (828) 255-5166

**Services:** OnTrack's Manage Your Money Education course is an education series that provides interactive instruction on the basics of fundamental financial skills such as: setting financial goals, developing realistic budgets, tracking and reducing spending habits and expenses, saving money and managing debt.

**Intake Procedure:** Call to register for a class

**Service Area:** Western North Carolina

### **Debt Management Program**

**Phone:** (828) 255-5166

**Services:** OnTrack's Debt Management Program helps clients get back on track with unsecured debt payments, such as credit cards, unsecured lines of credit and personal loans. Through the Debt Management Program, many creditors offer a lower interest rate, payment reductions and waived/reduced late fees.

**Intake Procedure:** Call to schedule an appointment

**Service Area:** Western North Carolina

### **Foreclosure Prevention Counseling**

**Phone:** (828) 255-5166

**Services:** OnTrack provides one-to-one confidential foreclosure prevention counseling. Housing counseling can help homeowners who are late on their mortgage or in danger of becoming late. The counselor will evaluate your current financial situation, your loan, and the amount in delinquency to work with you and your lender to find realistic options.

**Intake Procedure:** Call to schedule an appointment

**Service Area:** Western North Carolina

### **Pardee Urgent Care**

**Phone:** (828) 697-3232

205 Thompson Street, Hendersonville, NC 28792

**Services:** Provides prompt medical attention for any unscheduled or urgent medical need, which is not considered a life-threatening emergency.

**Hours:** Monday - Friday 8:00am - 7:00pm

Saturday and Sunday 9:00am - 6:00pm

### **Park Ridge Home Health**

**Phone:** (828) 687-5261

**Fax:** (828) 687-6074 - Office

(828) 654-6018 - HIPPA

895 Howard Gap Road, Hendersonville, NC 28792

**Website:** [www.parkridgehealth.org](http://www.parkridgehealth.org)

**Services:** To provide medical services at home to persons who are recovering from illness, injury, surgery, or an exacerbation of an illness, and who experience taxing difficulty to leave home. We provide skilled nursing, physical therapy, occupational therapy, home health aid, and medical social work services. We are an intermittent service that works under the orders of the individual's Primary Care Provider.

**Service Area:** Buncombe, Henderson, Polk, and Transylvania Counties

### **Park Ridge Hospital**

**Phone:** (828) 684-8501

100 Hospital Drive, Hendersonville, NC 28792

**Office Hours:** 24 Hours

### **Cancer Services**

**Phone:** (828) 681-2917

**Services:** Providing comprehensive cancer care, including medical oncology, radiation oncology, rehabilitation services and nutritional counseling.

### **Emergency and Urgent Care**

**Phone:** (828) 684-8501

**Services:** 24-hour Emergency Medicine Department at the hospital is staffed by board certified physicians with a 20-minute or less wait guaranteed. Urgent Care Center, 77 Airport Road in Arden, west of I-26, also guarantees a 20-min or less wait time.

**Fees:** Based on care provided.

### **HOPE Behavioral Health Services**

**Phone:** (855) 774-5433

**Services:** HOPE Behavioral Services provides a continuum of psychiatric and medical services for older adults (Gero-Psych and Medi-Psych units) age 65 or older, and for women who experience behavioral and emotional challenges, including eating disorders.

**Fees:** Medicare, Medicaid, private insurance or private pay

**Eligibility:** Gero and Medi-Psych adults 65 or older, unless approved by admitting physician; women 18 or older

**Intake Procedure:** Call the Intake Office (828) 681-2282

**Service Area:** Western North Carolina

### **Cardiology Services**

**Phone:** (828) 681-2713

**Services:** Dietitian, diabetes support group, diagnostic testing, cardiac and pulmonary rehabilitation, echocardiograms, halter and event monitors, CPR classes and women's heart health screenings.

### **Surgical Services**

**Phone:** (828) 684-8501

**Services:** Inpatient and outpatient surgeries, general surgery, GPS navigational surgical technology that uses lasers to pinpoint locations for surgical treatment, laser eye center, cardiac catheterization, hand surgery, orthopedic and spine surgeries.

### **Pisgah Legal Services**

**Phone(s):** (828) 692-7622  
(800) 489-6144

**Fax:** (828) 210-3455

440 South Church Street, Hendersonville, NC 28792

**Email:** info@pisgahlegal.org

**Website:** www.pisgahlegal.org

**Services:** The mission of Pisgah Legal Services (PLS) is to pursue justice by providing legal assistance and advocacy to help low-income people in Western North Carolina meet their basic needs and improve their lives. PLS provides legal assistance to help low-income people escape situations of abuse and neglect, avoid homelessness, access needed medical care and meet other basic needs. Our clients are disadvantaged children, victims of domestic violence, seniors, people with disabilities and working low income families.

**Office Hours:** Monday - Friday, 8:30am - 5:00pm

**Intake Procedure:** Telephonic screening of applicants

to ensure eligibility based on the federal poverty guidelines.

**Service Area:** Henderson, Buncombe, Madison, Transylvania, Rutherford, and Polk Counties

### **Elder Law Project**

**Phone(s):** (828) 692-7622  
(800) 489-6144

**Fax:** (828) 210-3455

**Services:** The Elder Law Project solves problems affecting low-income seniors. PLS is dedicated to helping seniors remain as independent as possible for as long as is feasible, despite pressures that make it more and more difficult for them to stay in their homes. The Elder Law Project also addresses concerns related to: urgent health care needs and rising health care expenses, dependence on a fixed income, vulnerability to unscrupulous business practices and end-of-life planning. PLS attorneys are available to do outreach to groups of low-income senior citizens at senior centers, housing sites, meal sites and other locations.

**Eligibility:** In order to be eligible for services, applicants must meet our low income guidelines and have a problem that affects their basic needs. PLS does NOT handle criminal cases. We do not usually handle cases where a private attorney could receive a fee as part of money awarded by a court agency. We do not usually handle personal injury cases, divorces, bankruptcies, property transactions, or traffic accident cases.

**Intake Procedures:** Telephonic screening of applicants to ensure eligibility based on the federal poverty guidelines.

**Service Area:** Henderson, Buncombe, Madison, Transylvania, Rutherford, and Polk Counties

### **Safelight**

**Phone:** (828) 693-3840

**Fax:** (828) 693-8104

133 Fifth Avenue West, Hendersonville, NC 28792

**Website:** www.safelightfamily.org

**Services:** Domestic violence services to include shelter, counseling, court advocacy and anger management classes.

## **Senior Life Solutions/Saint Luke's**

### **Hospital**

**Phone:** (828) 894-9890

**Fax:** (828) 894-9895

48 Hospital Drive, Suite 2B, Columbus, NC 28722

**Services:** Senior Life Solutions is an intensive outpatient group/individual counseling program for persons 65 and older who are dealing with emotional and/or behavioral issues often related to aging, such as the loss of a loved one, stresses of age related health concerns, or diminished self-esteem. The program works to improve emotional stability and increase general functioning as well as help patients identify, develop and increase the use of effective coping skills. Transportation may be provided.

## **SHIIP (Seniors' Health Insurance Information Program)**

**Phone(s):** (828) 692-4600

(855) 408-1212

1600 Four Seasons Boulevard (Blue Ridge Mall) Pardee Signature Care Center  
Hendersonville, NC 28792

**Website:** [www.ncshiip.com](http://www.ncshiip.com)

**Services:** SHIIP is a division of the North Carolina Department of Insurance and offers free, objective information about Medicare, Medicare supplements, Medicare managed care and long-term care insurance. There is absolutely no selling involved, as the program is a state-operated service. North Carolina Seniors Health Insurance Information Program (SHIIP) counselors help retirees with Medicare supplement options, health insurance and long-term care policies, and provide assistance with filing claims.

**Office Hours:** 2nd and 4th Tuesday, and as needed.

**Eligibility:** Be on Medicare or approaching Medicare age, or on Medicare disability.

## **Simplified Tai Chi for Balance**

**Phone:** (828) 329-9022

156 White Pine Dr., Fletcher, NC 28732

**Email:** [janaeweed@hotmail.com](mailto:janaeweed@hotmail.com)

**Services:** Offering classes and individual instruction to adults seeking to improve their balance, strength and sense of well-being. Tai Chi is a gentle, slow-moving form of exercise that promotes health and relaxation. Classes are designed for the beginner and intermediate student.

## **Smoky Mountain Center**

**Phone:** 800-849-6127 (24/7 Access to Services)  
800-893-6246 Geriatric and Mental Health  
Specialty Team

**Fax:** 877-355-2436

**Website:** [www.smokymountaincenter.com/gamhst.asp](http://www.smokymountaincenter.com/gamhst.asp)

**Services:** Local government organization that manages state and Medicaid funds for prevention and treatment of mental illness, substance use and developmental disabilities in Western NC. Smoky operates community outreach and education programs. The Geriatric and Adult Team offers more than 30 free training opportunities as well as support for professional and family caregivers.

## **Social Security Administration**

**Phone:** (866) 964-5053

**Fax:** (828) 696-2825

205 South Grove Street, Hendersonville, NC 28792

**Services:** We take and process applications for retirement, survivors and dependent benefits. We also administer the Supplemental Security Income Program, to provide assistance to individuals with limited income and assets if they are over 65 years of age, blind or disabled.

**Office Hours:** Mon, Tues, Thurs, Fri, 9:00am - 4:30pm;  
Wed, 9:00am - 12:00pm

**Intake Procedure:** Same day walk-in service is usually available. Appointments to apply can be set up by coming into the office or by calling.

## **The Free Clinics**

**Phone:** (828) 697-8422

**Fax:** (828) 697-8453

481 Case Street, Hendersonville, NC 28792

**Website:** [www.thefreeclinics.org](http://www.thefreeclinics.org)

**Office Hours:** Monday - Friday, 9:00am - 5:00pm Clinic hours vary.

## **Case Management Services**

**Phone:** (828) 697-8422

**Services:** For patients who need services beyond what the Free Clinics are able to provide. Case management makes referrals for specialty consultations, surgical procedures, other diagnostic procedures and non-medical resources.

**Eligibility:** Must meet income guidelines, be a resident of Henderson or Polk County and have no insurance.

### **Dental Extraction**

**Phone:** (828) 697-8422

**Services:** Operating from Stokes Dental Clinic at Blue Ridge Community Health Services on Thursday evenings, this clinic offers dental extractions for adults by appointment only.

**Office Hours:** Every Thursday starting at 5 pm

**Eligibility:** Must meet income guidelines, be a resident of Henderson or Polk County and have no insurance.

### **Diabetes Program**

**Phone:** (828) 697-8422

**Services:** Free ongoing support and education to help manage your Diabetes, with one-on-one visits with a Certified Diabetic Educator to create an individualized plan of care.

**Eligibility:** Must be a resident of Henderson or Polk County. Call (828) 697-8422 and ask for the Diabetes Case Manager for more information.

### **Eye Clinic**

**Phone:** (828) 697-8422

**Services:** This monthly clinic enables patients with diabetes to receive eye screenings. The volunteer ophthalmologist also sees patients by referral.

**Office Hours:** Once a month, Mondays at 5 pm

**Eligibility:** Must meet income guidelines, be a resident of Henderson County and have no insurance.

**Intake Procedure:** Referral, call for an appointment.

### **Medical Clinic**

**Phone:** (828) 697-8422

**Services:** See a local doctor when you are sick every Tuesday at 5 pm. No appointment needed. Prescriptions are also available when needed, however, no narcotics are given.

**Office Hours:** Every Tuesday, starting at 5 pm

**Eligibility:** Must meet income guidelines, be a resident of Henderson County and have no insurance.

### **Medi-Find**

**Phone:** (828) 697-8422

**Services:** The Medi-Find Program assists individuals in need of ongoing medication they cannot afford by accessing medications through pharmaceutical manufacturers' patients assistance programs.

**Fees and Eligibility:** Call for more information.

### **Pharmacy**

**Phone:** (828) 697-8422

**Services:** Patients can obtain free samples of medication through our pharmacy and free limited generic prescriptions through Economy Pharmacy. Office Hours: Monday - Friday, 9:00am - 5:00pm. Clinic hours vary.

**Eligibility:** Must meet income guidelines, be a resident of Henderson County and have no insurance.

**Intake Procedure:** Call for an appointment.

### **Psychiatric Clinic**

**Phone:** (828) 697-8422

**Services:** Visit, assessment and medication management with a volunteer psychiatrist.

**Office Hours:** 1st, 2nd, and 3rd Tuesday of each month

**Eligibility:** Must be a resident of Henderson or Polk County and have no insurance. Call (828) 697-8422 and ask for the Psychiatric Nurse / Case Manager for more information.

### **The Mediation Center**

**Phone:** (828) 697-7055

**Fax:** (828) 697-8528

101 S. Grove Street, Hendersonville, NC 28792

**Services:** The Mediation Center provides mediation services for community members involved in a variety of disputes, including separation/divorce/ custody/ co-parenting issues, family decision-making around eldercare issues, neighbor disputes, employment issues or grievances, landlord/tenant conflicts, consumer/business complaints, small claims cases, civil court cases, minor criminal charges, and youth-centered conflicts. The Mediation Center also offers training and facilitation services to groups in the community.

### **The Opportunity House**

**Phone:** (828) 692-0575

**Fax:** (828) 696-3546

1411 Asheville Highway, Hendersonville, NC 28791

**Website:** [opportunityhouse.org](http://opportunityhouse.org)

**Services:** The Opportunity House is a self-supporting non-profit art, crafts and cultural center for people of all ages. The 1,400 members and their guests enjoy a wide variety of classes and workshops in areas such as: oil, acrylics, and watercolor painting, portrait drawing, bridge, ballroom dancing, lapidary, weaving, stained glass, pottery, woodcarving, sewing, calligraphy, canasta, cribbage, pinochle, bid whist,

poker, NIA exercise and more. Other activities include computer classes, singles group meetings, lecture series, member brunches, movies, book groups, monthly art exhibits and a golf league. The Gift Shop features the work of member artisans and also consignment or estate items for sale. Meeting rooms are available to rent for parties, festivals, seminars, receptions, workshops and training sessions with Internet capability and computer projection.

**Office Hours:** Monday - Friday, 9:00am - 5:00pm

**Fees:** Vary by program.

**Intake Procedure:** Call or walk-in

## **The Salvation Army**

**Phone:** (828) 693-4181

**Fax:** (828) 696-8641

239 Third Avenue West, Hendersonville, NC 28792

**Office Hours:** Monday - Friday, 8:30am - 5:00pm

### **Golden Agers**

**Phone:** (828) 693-4181

**Services:** Free lunches and field trips as well as educational programs.

**Office Hours:** Tuesday, 12:30pm - 3:00pm

**Eligibility:** All senior citizens welcomed

**Intake Procedure:** Call for a ride to the program

### **Social Services Program**

**Phone:** (828) 693-4181

**Services:** We can help with food, clothing, health care and medicine.

**Office Hours:** Monday - Friday, 9:00am - 4:00pm

**Eligibility:** Case by case

**Intake Procedure:** Call, walk-in, or appointment.

## **The Storehouse**

**Phone:** (828) 692-8300

1049 Spartanburg Hwy., Hendersonville, NC 28792

**Services:** The Storehouse is a Christ-centered food and hygiene pantry serving the low-income, elderly and needy families of Henderson County.

**Hours:** Wednesday - Friday, 9:00am - 2:00pm

## **Thrive**

**Phone:** (828) 697-1581

**Fax:** (828) 697-4492

522 Kanuga Road, Hendersonville, NC 28739

**Website:** [www.thrive4health.org](http://www.thrive4health.org)

**Services:** Our Mission is to provide support and opportunities to adults with mental health needs offering community, hope and recovery.

## **Clubhouse (Psychosocial Rehabilitation)**

**Phone:** (828) 697-1581

**Fax:** (828) 697-4492

2110 Woodridge Drive, Hendersonville, NC 27839

**Services:** The Clubhouse demonstrates that people with mental illness can successfully participate in society through education, employment, and other social activities. The Clubhouse offers a prevocational work-ordered day, Monday - Friday; social and recreational programming evenings and weekends; open on all holidays; individualized services to assist members in thriving in their local communities.

## **United Way of Henderson County**

**Phone:** (828) 692-1636

**Fax:** (828) 696-8537

PO Box 487, Hendersonville, NC 28793

**Website:** [www.liveunited.org](http://www.liveunited.org)

**Services:** United Way is advancing the common good by creating opportunities for a better life in Henderson County.

### **NC 2-1-1**

**Phone(s):** 2-1-1 or (888) 892-1162

**Email:** [211info@unitedwayabc.org](mailto:211info@unitedwayabc.org)

**Website:** [www.nc211.org](http://www.nc211.org)

**Services:** Who should you call when you need help or information for yourself, your family or someone you know? Dial 2-1-1 to connect with a network of more than 18,000 resources in North Carolina that offer care, solutions, support, and hope when you need it most. Our agency partners can assist with: food, housing, utilities, child care, education services, financial education, health care, job training, counseling; support groups; mental health; substance abuse, senior services, volunteer opportunities, disaster services, and so much more.

## **VA Medial Center, Charles George**

**Phone:** (828) 298-7911

1100 Tunnel Rd., Asheville, NC 28805

**Website:** [www.asheville.va.gov](http://www.asheville.va.gov)

## **Western Carolina Community Action**

### **(WCCA)**

**Phone:** (828) 693-1711

**Fax:** (828) 697-4277

220 King Creek Boulevard, Hendersonville, NC 28792

**Website:** [www.wcca.net](http://www.wcca.net)

**Office Hours:** Monday - Friday, 8:00am - 5:00pm

**Liquid Nutrition Program****Phone:** (828) 693-1711**Fax:** (828) 697-4277**Services:** Liquid Nutrition Program provides Ensure or Glucerna products.**Office Hours:** Monday - Friday, 8:00am - 5:00pm**Fees:** Contributions Only**Eligibility:** Must have a medical need by doctor, waitlist. Clients must be over 60.**Rental Assistance Program****Phone:** (828) 693-1711**Services:** The Section 8 Housing Choice Voucher Program (HCV) is a rent subsidy program funded by the Department of Housing and Urban Development (HUD). The program enables very low-income families to obtain standard housing. To be eligible, an applicant, individual, or family must be very low-income (below 50% of area median). Families/ individuals are expected to contribute 30% of adjusted monthly income toward rent and utility expenses; the balance, up to established ceilings, is subsidized. The waiting list is open and applications are available on our website or from our office.**Apple Country Transportation****Phone:** (828) 698-8571**Fax:** (828) 692-0685

526 7th Avenue East, Hendersonville, NC 28792

**Website:** www.applecountrytransit.com**Services:** Transportation for the public, elderly, and disabled, to and from medical appointments, shopping and meal sites.**Whitley Home Medical Equipment****Phone:** (828) 483-3338

919 Fleming Street, Hendersonville, NC 28791

**Website:** whitleyhme.com**Services:** Whitley's is a locally owned and operated DME company that provides patients with all types of medical products to help aid in independent living and rehabilitation after surgery. We provide products such as braces, bathroom safety, canes, lift chairs, scooter and wheelchairs. We have a Certified Assistive Technology Professional on staff full-time to assist patients needing wheelchairs and also offer onsite compression hose fittings.**WNC Geriatric Care Management****Phone:** (828) 776-4269**Fax:** (828) 505-4400

20 Harrison Street, Asheville, NC 28801

**Website:** www.wncgcm.com**Services:** We are a resource, advocate and guide for aging with dignity and independence. Services include assessments, care planning, crisis intervention, family care conferences, arranging and monitoring outside services, etc.**Fees:** Private Pay (insurance NOT accepted)**Eligibility:** Typically work with geriatric clients, but not limited to this age group.**Intake Procedure:** Initial assessment meeting with family and senior (client) to outline history, concerns and wishes / desires. Provide written report and recommendations. Family decides next steps - pursuing recommendation on own, or have us lead the process.**Office Hours:** Monday - Friday, 8:00am - 5:00pm, also available on weekends and evenings as needs arise.**Service Area:** Henderson and Buncombe Counties**YMCA of Western North Carolina**

810 West Sixth Ave., Hendersonville, NC 28739

**Website:** www.ymcawnc.org**Hendersonville Family YMCA****Phone:** (828) 697-9622 810

West 6th Avenue, Hendersonville, NC 28739

**Facility Hours:** Mon - Thurs 5:30am - 9:00pm, Friday 5:30am - 8:00pm, Saturday 7:00am - 6:00pm, Sunday 11:00am - 6:00pm**Fletcher YMCA****Phone:** (828) 552-3600

2775 Hendersonville Rd., Arden, NC 28704

**Facility Hours:** Mon - Thurs 6:00am - 9:00pm, Friday 6:00am - 8:00pm, Saturday 8:00am - 6:00pm, Sunday 1:00pm - 5:00pm**Services:** The YMCA welcomes all ages, races, faiths, and economic backgrounds. Programs are designed to provide a lifetime of positive growth; whether in the heated pools, through group exercise, individual training, health classes, or volunteer opportunities. The charitable work of the Y helps ensure that membership is not based on one's ability to pay. Membership at any YMCA in Western North Carolina gives access to all Y facilities in the state.

# List of Senior Housing and Care Facilities

## Independent Living and Retirement Communities

Carolina Village.....	(828) 692-6275
Dellwood Garden Apartments .....	(828) 692-5200
Dogwood Retirement Villas.....	(828) 692-2222
East Winds Apartments.....	(828) 697-2473
Fletcher Park Inn Retirement Center.....	(828) 684-2882
Hillside Commons .....	(828) 696-2774
Lake Pointe Landing .....	(828) 693-7800
Oak Haven .....	(828) 693-6922
Parkside Commons.....	(828) 697-6191
Regal Oaks.....	(828) 698-5942
Sugar Hill Apartments .....	(828) 692-1401

## Assisted Living Facilities

Blue Ridge Retirement .....	(828) 693-0871
Brookdale Hendersonville East.....	(828) 692-1911
Brookdale Hendersonville North.....	(828) 693-8292
Brookdale Heritage Circle.....	(828) 693-8292
Cardinal Care Center .....	(828) 693-3388
Carillon Assisted Living.....	(828) 697-0700
Cherry Springs Village .....	(828) 698-6501
Country Meadows Rest Home .....	(828) 693-6170
Hampton House .....	(828) 693-6353
Henderson's Assisted Living .....	(828) 692-2220
McCullough's Rest Home .....	(828) 693-7976
Mountain View Assisted Living.....	(828) 513-0688
Spring Arbor .....	(828) 692-6440
Spring Arbor West .....	(828) 697-7800
Sunnybrook Assisted Living .....	(828) 693-5417
The Bridge at Lake Pointe Landing .....	(828) 692-7601

## Skilled Nursing Facilities

Beystone Health and Rehabilitation.....	(828) 684-4857
Brian Center Health and Rehabilitation .....	(828) 693-9796
Carolina Village.....	(828) 692-6275
Golden Living Center .....	(828) 693-8461
Hendersonville Health and Rehabilitation.....	(828) 693-8600
Life Care Center.....	(828) 697-4348
The Laurels of Hendersonville .....	(828) 692-6000
Mountain Home Health & Rehabilitation.....	(828) 693-5849
The Lodge at Mills River .....	(828) 684-4857
Universal Health Care.....	(828) 654-9060



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CarePartners Adult Day Services .....	(828) 697-7070.....	13
CarePartners Health Services:		
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CarePartners Private Duty Services .....	(828) 277-4777.....	14
CarePartners Rehabilitation Hospital .....	(828) 274-6151.....	14
CarePartners Orthotics and Prosthetics .....	(828) 254-3392.....	14
CarePartners Outpatient Therapy – South Clinic .....	(828) 209-0900.....	14
CarePartners Home Health .....	(828) 692-3174.....	14
CarePartners Hospice and Palliative Care.....	(828) 255-0231.....	14
CarePartners PACE.....	(828) 213-8442.....	14
CarePatrol.....	(828) 388-7699.....	15
Carolina Fiduciary Services.....	(828) 697-2565.....	15
Carolina Village.....	(828) 692-6275.....	15
Community Action Opportunities Weatherization.....	(828) 252-2495.....	15
Compassionate Home Care .....	(828) 696-0946.....	15
Council on Aging of Henderson County:		
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Information & Assistance .....	(828) 692-4203.....	15
Sammy Williams Center .....	(828) 692-3320.....	15
Meals on Wheels Program .....	(828) 692-6693.....	16
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Etowah Thrift Store .....	(828) 891-4442.....	16
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DisAbility Partners .....	(828) 298-1977.....	16
Etowah United Methodist Church .....	(828) 891-4360.....	16
Fast Med Urgent Care.....	(828) 233-1664.....	16
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Fletcher Police Department.....	(828) 687-7922.....	17
Four Seasons Compassion for Life .....	(828) 692-6178.....	17
Fresh Start Outpatient Behavioral Health – Transylvania Regional Hospital .....	(828) 862-6393.....	17

Habitat for Humanity.....	(828) 694-0340.....	17
Henderson County Community Alternative Program (CAP).....	(828) 687-5261.....	17
Henderson County Department of Public Health.....	(828) 692-4223.....	18
Henderson County Department of Social Services (DSS):		
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Adult Protective Services (APS).....	(828) 694-6241.....	18
Henderson County Parks and Recreation.....	(828) 697-4884.....	19
Henderson County Public Library.....	(828) 697-4725.....	20
Henderson County Sheriff's Office.....	(828) 697-4596.....	20
Henderson County Veterans Services.....	(828) 697-4817.....	20
Hendersonville Housing Authority.....	(828) 692-6175.....	20
Hendersonville Police Department		
Main Office #.....	(828) 697-3025.....	20
Reassurance Program.....	(828) 697-3029.....	20
Hendersonville Rescue Mission.....	(828) 697-1354.....	20
Holistic Elder Services Geriatric Care Management.....	(484) 489-3118 or (828) 595-9271.....	21
Home Helpers - Direct Link.....	(828) 694-0000.....	22
Home Instead Senior Care.....	(828) 274-4406.....	22
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Housing Assistance Corporation.....	(828) 692-4744.....	22
Interfaith Assistance Ministry.....	(828) 697-7029.....	22
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Land of Sky Regional Council's Area Agency on Aging (AAA).....	(828) 251-6622.....	23
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Laurel Park Police Department.....	(828) 697-4911.....	24
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Margaret R. Pardee Memorial Hospital:		
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Pardee Signature Care Center.....	(828) 692-4600.....	24
Pardee Home Health.....	(828) 692-1846.....	24
Pardee Lifeline Emergency Response System.....	(828) 692-9061.....	24
Psychiatric and Addictions Therapeutic Healing Services (PATHS).....	(828) 696-4250.....	24
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Medical Loan Closet of Henderson County.....	(828) 692-9005.....	25
MemoryCare.....	(828) 771-2219.....	25
Memory Caregivers Network - Fletcher Group.....	(828) 230-4143.....	25
Mountain Creative Arts Counseling.....	(828) 595-3847.....	25
Mountain Home Care.....	(828) 684-6444.....	25
NAMI Four Seasons (National Alliance on Mental Illness).....	(888) 955-6264.....	25
NC Baptist Aging Ministry.....	(877) 506-2226.....	25
NCWorks Career Center Henderson County.....	(828) 694-1755.....	25
North Carolina Division of Independent Living Services.....	(828) 670-3377.....	26
North Carolina Division of Services for the Blind.....	(828) 694-6247.....	26
North Carolina Division of Services for the Deaf and the Hard of Hearing - Asheville Regional Chapter.....	(828) 665-8733.....	26
OnTrack Financial Education and Counseling.....	(828) 255-5166.....	26
Pardee Urgent Care.....	(828) 697-3232.....	27
Park Ridge Home Health.....	(828) 687-5261.....	27

Park Ridge Hospital:		
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Cancer Services .....	(828) 681-2917.....	27
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Pisgah Legal Services .....	(828) 692-7622.....	28
Safelight (previously Mainstay) .....	(828) 693-3840.....	28
Senior Life Solutions – Saint Luke’s Hospital.....	(828) 894-9890.....	29
Seniors’ Health Insurance Information Program (SHIIP).....	(828) 692-4600.....	29
Simplified Tai Chi for Balance .....	(828) 329-9022.....	29
Smoky Mountain Center.....	(800) 849-6127.....	29
Social Security Administration.....	(866) 964-5053.....	29
The Free Clinics.....	(828) 697-8422.....	29
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The Opportunity House.....	(828) 692-0575.....	30
The Salvation Army.....	(828) 693-4181.....	31
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United Way of Henderson County:		
Main Office #.....	(828) 692-1636.....	31
NC 2-1-1 .....	(888) 892-1162.....	31
VA Medical Center, Charles George .....	(828) 298-7911.....	31
Western Carolina Community Action (WCCA).....	(828) 693-1711.....	31
Whitley Home Medical Equipment .....	(828) 483-3338.....	32
WNC Geriatric Care Management.....	(828) 776-4269.....	32
YMCA of Western North Carolina:		
Hendersonville Family YMCA .....	(828) 697-9622.....	32
Fletcher YMCA.....	(828) 552-3600.....	32





# Council on Aging

for Henderson County

**Community Resource Connections**

**Congregate Meals**

**Etowah Thrift Store**

**Family Caregiver Support Program**

**Hendersonville Thrift Store**

**Information and Assistance**

**Meals on Wheels**

**Partnership for Independent Living**

## **Our Mission**

To provide and coordinate services to keep older adults age 60 and above, residing in Henderson County, living independently.

For more information, please call  
(828) 692-4203

[www.coahc.org](http://www.coahc.org)



**Council  
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