



**MINUTES**  
**Family Caregiver Support Program Advisory Committee Meeting**  
**Thursday, March 5, 2015**

**Present:**

Members:

Kathe Harris, Mary Thompson, Heather Bauer, Robert Anderson, Deborah Chestnutt

Presenter:

Ruth Jordan, Smoky Mountain LME/MCO

Staff:

Carol McLimans, Nancy Hogan, Janice Payne, Pat Hilgendorf, LeeAnne Tucker,  
Vicki Jennings

Carol called the meeting to order and asked for introductions around the table.

**Presentation:** Ruth Jordan from the Smoky Mountain LMT/MCO, Geriatric and Adult Mental Health Special Team gave a presentation. GAMHST is a North Carolina State Funded program which has 4 teams that are comprised of registered nurses, licensed mental health clinicians and qualified mental health professionals which provide free consultation, training, skill-building techniques and referral to treatment and community resources. The teams serve 28 counties throughout Western North Carolina. A hard copy of her PowerPoint presentation and contact information is attached. Ruth's email is [ruth.jordan@smokymountaincenter.com](mailto:ruth.jordan@smokymountaincenter.com)

**Caregiver Program Report:** Carol indicated that she is required to have a conflict of interest statement from each person and asked that everyone fill one out today and leave with her. Everyone should also have a copy of the minutes from the last meeting. If there are any corrections please let her know. There were several positive comments from Officer Jerry Mann's Project Lifesaver Program presentation at the last meeting.

### **Home care Provider Survey**

Carol emailed the survey to providers and asked to provide this information to help her. Whether folks will return this survey remains to be seen. She has also been working on Caregiver Assistance Directory which will be put online to help assist caregivers. Hard copies will also be printed for folks visiting employers. Cover is being designed at the present time and directory will be available soon.

### **Employed caregiver outreach**

It is very hard to get information to employers. A post card has been designed to mail and we are also working with Workforce Development to see how to get this information out and possibly do lunch and learn programs. There is also work being done on a fact sheet for distribution.

### **Collaborative projects and events**

On January 31 there was a meeting at CarePartners for those working with dementia which LOS Ombudsman Nancy Smith-Honeycutt facilitated. CarePartners is offering free classes on mindful aging and one class is going to be on caregiving from March 12 to May 7.

### **Area Plan objectives for Family Caregiver Support Program**

Carol has 22 objectives for the program that are being looked at.

**Heather Bauer** announced that she is cutting back to part time work and they are looking for someone on Tuesday and Thursday. Hope to have someone by March 31.

### **Next Meeting**

Thursday, May 21, from 11:30am to 1:30pm at Land of Sky.